

Payir Annual Report

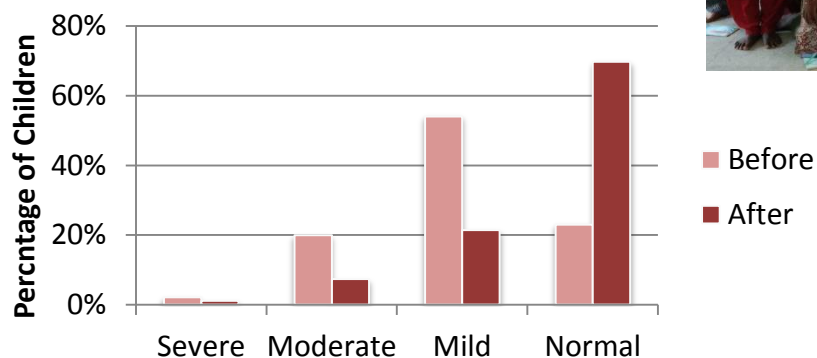
2016-2017

HIGHLIGHTS

- Nutrition supplements and education provided for 3,300 high school and higher secondary school girls on all school days
- Mela-one day event: on sex education, gender sensitization and fun for 3,000 school-age girls between 11 to 17 years of age
- Mela-two day event: sex education, gender sensitization and fun for 2500 college girls
- Expanding non-academic learning experiences for RSTC kids
- Skill development for health animators to conduct educational meetings in villages and to organize events at larger levels
- Market increase in production and sales in Thoorigai (bag-making) team



Mid term Anaemic level analysis



LEARNING INITIATIVE

Training for Teachers

- Vidyavanam school, Anaikatti
- Marutham school, Thiruvannamalai
- Crea school, Thiruchy
- Alternate network meeting (not a training, but a thought-provoking get-together)

Student Exposure Trips/Events

- Personality-development workshop at Sathanur
- Summer sports classes in district stadium, Perambalur (RSTC)
- Parai workshop at Kodaikanal, and cross-cultural exchange with Sholai school kids (RSTC)
- Several short trips to parks in Trichy and planetarium
- Radio program by RSTC kids
- Karate classes and tournaments
- Book fare
- Christmas-day celebration in St. Joseph's Anglo-Indian higher secondary school

Education Intervention in Government Schools & Government School Gong Kids

- Evening school classes in Thottiyapatti for 1 to 8 standard students time: 5.30 to 7.30pm
- Support staff in Kalathur ADW Primary school
- Evening classes for slow learners in Government Higher Secondary School, Thenur



Some More Activities

- Annual day celebration in February
- Drama classes, karate, and sports
- Only for RSTC students: carpentry, e-learning
- Craft classes
- Students-led vegetable gardening that previously suffered drought

HEALTH INTERVENTION

In the past 3 years, focus has turned more to educating people in nutrition, sanitation, hygiene, processed food, over-medicating, health care access etc. The number of villages initially shrank from 5 to 3 in the past 2 years. Since the beginning of 2017, we have again been expanding the number to 7 villages, covering a population of 12000 people. Payir recruited 8 new health animators (5 of whom had already previously been there). New HAs were trained in basic anatomy, physiology, social analysis, basic science, and communication. In the future, they will spend time doing village mapping, problem analysis, and definition training in the field. With the help of senior health animators, they will plan intervention strategies specific to each village. Children between the ages of 1 to 5 have had their weights monitored.

School Health Education

- With the district collectors' approval, health education classes were conducted in 6 Panchayat primary schools, 1 middle school, 2 high schools, and 1 higher secondary school in Alathur block along with Payir's primary school and RSTC
- Some topics covered: intestinal worm infestation, personal hygiene, injury-types & management, fracture-management, fever (overview), reproductive health education, dirt, and germs in our surroundings etc.
- Case-specific individual care and effort to change unhealthy behaviours such as poor eating habits, poor personal hygiene etc.

Health Center

- First aid and primary health center: aims at affordable, easily-accessible secondary care through correcting food habits and alternate medical systems. More faith in rational home remedies, naturopathy, and homoeopathy due to increasingly positive results
 - Cared for more than 500 patients
- Referral center for secondary and tertiary care
 - Provided for more than 250 specialties and beneficiaries
- Medical lab facility for basic blood tests
- Training base for village health animators
- Helped district health team to conduct a blood donation camp in Payir's center

Nutrition Supplement Program

- Senior level HAs monitored AGEP and provided nutritional education in 18 schools
- Surveyed children periodically for changes in BMI and HB
- Monitored school-level coordinators to make sure children consumed the supplement in a hygienic way
- Organized 2 huge successful one-day events (MELA)

CASE STUDY

Geetha is 32 years old, living in Thottiyapatti. She has 2 daughters aged 13 and 7. She faced stomach pain for 7 months. To find a solution to her issue, she came to Payir hospital for treatment. With the help of Dr. Preethi, the patient was referred to the Thiruchy government hospital for further treatment. Then with due to tablets and nutritional foods like grams and nutritional balls, the stomach pain was cured. The patient followed a daily regimen of nutritional foods made of grains and grams to sustain her health.

FARMING

Payir saw successful organic ground nut production in 2015 with good sales of organic ground nut oils. Following this, exposure to organic farming techniques and its success with Organic Farmers Association in Sittilingi grew. There was a forecast of good monsoons for 2016, hence paddy cultivation of 5 traditional varieties of rice following organic methods were planned. Ultimately monsoons failed though and after a huge struggle, with the help of the new bore well, we were able to get a yield of 1500 kgs of Paddy. This would not have been possible with chemical farming. Furthermore, the loss of 2 goats was painful and we were unable to sell the male goats of this breed (Boer). Currently, Payir is awaiting new arrivals of baby goats, incoming chickens, cattle and our field is ready with fodder for the livestock. Lastly, the goose berry yield was good after the summer rains last year

THOORIGAI

- Sewers discovered huge potential in themselves – worked towards perfection, improved coordination and planning, production line, organized sales events, identified new retailers and so on
- Target oriented approach aided teams' growth
- Women are growing in solidarity and confidence as a team, as well as growing towards forming a society, which would include many other income generating activities
- Looking at their success and efforts, many more friends and well-wishers joined hands to help them in marketing
- This year, the women managed to pay their salaries without Payir's funding and also managed to buy more than 80% of their raw materials
- Exhibitions conducted in 4 cities and 5 colleges
- In touch with 3 retailers
- Orders have been taken for family functions and corporate needs
- There was a meeting in Bangalore between the Thoorigai team and a sales team of friends to discuss 2016 progress and a production plan for 2017 to increase line-up sales and fix a common target

Training

- Exposure visit to 'Joy at Work' in Bangalore. The team learnt 'Joy at Work's' story, a few hand-works and techniques
- Thoorigai team received a brief education on scheduling and planning

Future Plans

- To buy another new sewing machine
- To create products out of waste-fabric

AGEP: Adolescent Girls Empowerment Program

The AGEP program aims to empower adolescent girls through proper nutrition and nutrition education. To give some background, it is common here that girl children are discriminated against at home. Often, families will first feed the men and boys, then the girls, and then the mother. AGEP aims to put an end to this discrimination. The program has two main components. The first is short-term: to provide schoolgirl children with nutritious foods. The second is long-term: to spread awareness about proper nutrition, gender-sensitization, and female empowerment.

First Component:

- Program done in partnership with district administration and state government
 - Providing supplementary nutrition to prevent malnutrition and anemia
- Able to continuously provide employment for 50 people
- Done in 18 government schools catering to 3300 girl children between 11-17 years of age
- Like previous year, in 2017 also succeeded in 100% timely supply
 - Goal: provide specific weight & calorie need (100% of time quantity and quality requirements met)
- Ensured that children consumer supplement by appointing school-level coordinators to overview distribution of food & ensure it is eaten
- Helped Payir to start a new food processing enterprise called Thina
- Program was proposed for best practices award 2017 – given to well-implemented government programs
- Received good performing organization award from the district government
- The state planning commission recognized this program and proposed to Senthil to implement the same in anemia-prevalent districts
- Produced 413,936 sathu urundai for 300 days in 18 government for school girl children
- 1 urundai = 35g Avg, Payaru = 65g Avg
- The aim of this was to provide an extra 400 calories to each girl's diet

Second Component

- Health education for adolescent girls was conducted on nutrition, basic anatomy, physiology, and menstrual health
- Social education for adolescent girls was conducted on the status of women in society

Hemoglobin (gm/dL)	Anemia Category	Baseline June 2015		Mid-Year June 2016	
		No. of children		No. of children	
Doubtful (< 5)		26	1.0%	13	0.5%
< 7	SEVERE	56	2.1%	32	1.1%
7 to 10	MODERATE	518	19.9%	211	7.3%
10 to 12	MILD	1410	54.0%	614	21.4%
> 12	NORMAL	599	23.0%	2003	69.7%
		2609		2873	

Payir – Fact Sheet

Founded: 2005

Office:

Thenur village, T. Kalathur via, Alathur Taluk, Perambalur District, Tamil Nadu 621 114, India

Phone: +91 4327 234 644

E-mail: info@payir.org

Fb: <https://www.facebook.com/PayirIndia>

Geographical Reach:

Perambalur District, Tamil Nadu (one of the most backward districts in Tamil Nadu)

Registration Details

Trust: 112/2005

Income Tax:

Under 12 AA: 81/2005-2006

Under 80G: C.No.6162E(136)/2009-10/CIT-I/TRY dated 02/07/2010

FCRA Registration No.: 075920013

Trustees:

M. Meenakshisunderam - Treasurer

Senthilkumar Gopalan - Managing Trustee

Rama Sastry

Dr. K. Sridhar

Dr. R. Lalitha

Pachaimuthu Sadaiyan

Sriram Thiagarajan

Auditor:

AR. Karuppan Chetty, Chartered Accountant

Tiruchirapalli

Bankers

State Bank of India, Srirangam

Lakshmi Vilas Bank, Thuraiyur

PAYIR TRUST - LOCAL ACCOUNT

PAYIR OFFICE, THENUR VILLAGE, Via T.KALATHUR, ALATHUR (TK), PERAMBALUR (DT)

RECEIPTS AND PAYMENTS FOR THE PERIOD 01.04.2016 TO 31.03.2017

RECEIPTS		Rs	Rs	PAYMENTS		Rs	Rs.
TO Opening Balance				BY Capital Expenditure :			
Cash in hand		4,830.00		Building		6,37,249.00	
Cash at SBI		6,37,714.67		Electricals and Fittings		1,06,868.00	
Cash at LVB		40,257.10	6,82,801.77	Furniture		43,000.00	
				Utensils		6,160.00	
				Loan Paid		1,40,000.00	9,33,277.00
TO Deposits and Advances :				BY Deposits & Advances			
Staff Welfare Imprest		5,000.00		LVB FD NO :0742121000095784/1		13,37,000.00	
Loan Repaid - Thoorigai		41,942.00	46,942.00	Staff Advance		3,260.00	13,40,260.00
TO Revenue Income				BY Revenue Expenditure			
Voluntary Contribution		62,09,830.00		Education			
Agriculture Income		3,18,329.00		Children Exposure Trips & Training		43,257.90	
Bank Interest		39,379.00		Children Learning Material Expenses		4,022.00	
Hospital Income		19,735.00		Children Welfare		41,784.00	
Nutrition Income		76,939.00	66,64,212.00	RSTC- Food Expenses		4,34,230.00	
TO Others				Education Grant		6,000.00	
DHDR - District Collectorate		68,218.00		School Intervention Teachers Salary		1,53,024.00	
Sale Of Stabilized Mud Block		52,402.00		RSTC Expenses		2,44,028.00	9,26,345.90
AGEP - Receipts		49,72,036.00		General Administration			
Reimbursement - SSA RSTC		4,74,820.00		Administrative Expenses		33,320.00	
Reimbursement - Food		8,620.00		Bank charges		2,185.82	
Scrap Sold		1,241.00		EB & Electricity related expenses		52,958.00	
Travel Refunds		1,145.00		Postage & Courier		2,385.00	
Sale Of Milk Cow		41,500.00		Printing, Stationery & Office Supplies		15,204.00	
				Rent		19,200.00	

RECEIPTS AND PAYMENTS FOR THE PERIOD 01.04.2016 TO 31.03.2017

RECEIPTS		Rs	Rs	PAYMENTS		Rs	Rs.
Reimbursement - School				Salary - Administration		4,51,784.00	
Intervention		<u>9,000.00</u>	56,28,982.00	PF Contribution		1,95,856.00	
				Staff Welfare		29,385.00	
				Telephone & Internet		1,46,393.00	
				Travelling Expenses		54,160.00	
				Building - Repairs & Maintenance		63,954.00	
				Computer Accessories & Maintenance		34,997.00	
				Equipment Maintenance		31,012.00	
				Vehicle Maintenance		80,598.00	
				Misc. Expenses		6,910.00	
				Vehicle Insurance		<u>44,779.00</u>	12,65,080.82
				Health Initiative Expenses			
				Health center expenses		86,343.00	
				Health Outreach		3,453.00	
				Hospital Referral		20,082.00	
				School Health Education		<u>6,414.00</u>	1,16,292.00
				Agriculture Expenses			
				Farm Expenses		2,11,084.00	
				Livestock Expenses		<u>3,75,157.00</u>	5,86,241.00
				AGEP Expenses			
				AGEP - Production and Delivery		49,22,208.00	
				AGEP - Programme Expenses		8,26,388.00	
				AGEP - Mela		<u>2,30,528.00</u>	59,79,124.00
				BY DHDR Preparation			5,704.00
				BY Training & Exposure visits			11,857.00

RECEIPTS AND PAYMENTS FOR THE PERIOD 01.04.2016 TO 31.03.2017

RECEIPTS	Rs	Rs	PAYMENTS	Rs	Rs.
			BY Closing Balance		
			Cash in hand	675.00	
			Cash at Bank - LVB	5,753.10	
			Cash at Bank - SBI	18,52,327.95	18,58,756.05
		1,30,22,937.77			1,30,22,937.77

As per separate report of even date attached

PLACE : TRICHY
DATE : 30/07/2017

For PAYIR TRUST/பயிர் அறக்கட்டளை

[Signature]
Managing Trustee

SENTHILKUMAR GOPALAN
MANAGING TRUSTEE

For PAYIR TRUST

[Signature]

M. MEENAKSHISUNDARAM
TREASURER



[Signature]

AR. KARUPPAN CHETTY
CHARTERED ACCOUNTANT



PAYIR TRUST

PAYIR OFFICE, THENUR VILLAGE, Via T.KALATHUR, ALATHUR (TK), PERAMBALUR (DT)

INCOME AND EXPENDITURE ACCOUNT FOR THE PERIOD 01.04.2016 TO 31.3.2017

EXPENDITURE		INCOME	
To		By	
Children Exposure Trips & Training	43,257.90	Voluntary Contribution	62,09,830.00
" Children Learning Material Expenses	4,022.00	" Agriculture Income	3,18,329.00
" Children Welfare	41,784.00	" Bank Interest	39,379.00
" RSTC - Food Expenses	4,34,230.00	" Hospital Income	19,735.00
" Education Grant	6,000.00	" Nutrition Income	76,939.00
" Agriculture Expenses	5,86,241.00	" AGEF - Receipts	49,72,036.00
" Administrative Expenses	33,320.00	" DHDR - District Collectorate	68,218.00
" Bank charges	2,185.82	" Sale Of Stabilized Mud Block	52,402.00
" EB & Electricity related expenses	52,958.00	" Reimbursement - SSA RSTC	4,74,820.00
" Postage & Courier	2,385.00	" Reimbursement - Food	8,620.00
" Printing, Stationery & Office Supplies	15,204.00	" Reimbursement - School Intervention	9,000.00
" Rent	19,200.00	" Scrap Sold	1,241.00
" Salary - Administration	4,51,784.00	" Travel Refunds	1,145.00
" School Intervention Teachers Salary	1,53,024.00	" Profit on sale of Milk Cow	32,300.00
" PF Contribution	1,95,856.00	" FD Interest	29,650.00
" Staff Welfare	29,385.00	" Accrued Interest	2,32,977.66
" Telephone & Internet	1,46,393.00		
" Travelling Expenses	54,160.00		
" Building - Repairs & Maintenance	63,954.00		
" Computer Accessories & Maintenance	34,997.00		
" Equipment Maintenance	31,012.00		
" Vehicle Maintenance	80,598.00		

" Misc. Expenses	6,910.00
" Training & Exposure visits	11,857.00
" Vehicle Insurance	44,779.00
" Health Outreach	3,453.00
" Hospital Referral	20,082.00
" Health center expenses	86,343.00
" School Health Education	6,414.00
" AGEF - Production and Delivery	49,22,208.00
" AGEF - Programme Expenses	8,26,388.00
" AGEF - Mela	2,30,528.00
" RSTC Expenses	2,44,028.00
" DHDR Preparation	5,704.00
" Excess of Income Over Expenses	36,55,976.94

1,25,46,621.66

1,25,46,621.66

As per separate report of even date attached

PLACE : TRICHY
DATE : 30/07/2017

AR. Karuppan Chetty
AR. KARUPPAN CHETTY
CHARTERED ACCOUNTANT



For PAYIR TRUST / *For PAYIR TRUST*
Managing Trustee
SENTHILKUMAR GOPALAN
MANAGING TRUSTEE

M. Meenakshisundaram
M. MEENAKSHISUNDARAM
TREASURER



PAYIR TRUST

PAYIR OFFICE, THENUR VILLAGE, Via T.KALATHUR, ALATHUR (TK), PERAMBALUR (DT)

BALANCE SHEET AS ON 31.3.2017

LIABILITIES	SCH NO	Rs	ASSETS	SCH NO	Rs
Corpus Fund		2,36,100.00	Fixed Assets	2	64,77,467.28
Trust Fund			Deposits	3	39,85,892.75
Opening Balance		83,10,422.39	Loans and Advances	4	3,80,383.25
Add: Excess of Income Over Expenditure		36,55,976.94	Cash in hand		675.00
		<u>1,19,66,399.33</u>	Cash at Bank	5	18,58,081.05
Loans	1	5,00,000.00			
		<u>1,27,02,499.33</u>			<u>1,27,02,499.33</u>

As per separate report of even date attached

PLACE : TRICHY

DATE : 30/07/2017

AR. Karuppan Chetty

AR. KARUPPAN CHETTY

CHARTERED ACCOUNTANT



For PAYIR TRUST

PAYIR TRUST / பையர் டிரஸ்ட்

Senthilkumar Gopalan
Managing Trustee

SENTHILKUMAR GOPALAN

MANAGING TRUSTEE

M. Meenakshisundaram

M. MEENAKSHISUNDARAM

TREASURER



2. FIXED ASSETS as on 31.03.2017

Particulars	OP AS ON 01.04.2016	Additions	Deletions	CL AS ON 31.03.2017
Bio Gas	7,294.00			7,294.00
Bore-Well	376,197.35			376,197.35
Building	3,672,682.63	637,249.00		4,309,931.63
Camera	2,000.00			2,000.00
Canon - Xerox Printer	15,000.00			15,000.00
Computer Consumables	3,634.00			3,634.00
Cycle	38,652.50			38,652.50
Electricals & Fittings	174,380.30	106,868.00		281,248.30
Electric Bike	36,000.00			36,000.00
Fire Extinguisher	9,800.00			9,800.00
Flour Mill	28,000.00			28,000.00
Furniture	64,532.50	43,000.00		107,532.50
Hemochromax	25,320.00			25,320.00
Land	375,522.00			375,522.00
Milch Cows	45,883.00		9,200.00	36,683.00
Mixer-Grinder	16,800.00			16,800.00
Overlock Machine	15,165.00			15,165.00
Pipeline Fittings	52,897.00			52,897.00
Pounding Machine	118,125.00			118,125.00
Refrigerator	7,900.00			7,900.00
Sautiner Model PS	250,395.00			250,395.00
Tata Ace - Mini Van	161,000.00			161,000.00
UPS System	18,000.00			18,000.00
Utensils	170,000.00	6,160.00		176,160.00
Weighing Machine	8,210.00			8,210.00
Total	5,693,390.28	793,277.00	9,200.00	6,477,467.28



SCHEDULES

Particulars	Amount
1 Loans (Liability)	
Mr.Sriram Thiyagarajan	250,000.00
Mr.Ramanathan	250,000.00
	<u>500,000.00</u>
3 Deposits	
EB	13,105.00
HP Gas	5,710.00
Mineral Water	480.00
Mobile	3,000.00
School	20,000.00
Telephone	1,500.00
FD LVB -80650	2,565,866.90
FD LVB-95784	1,376,230.85
	<u>3,985,892.75</u>
4 Loans and Advances	
Staff Advances	49,969.00
Thoorigai	300,000.00
Staff Imprest	20,000.00
Others	10,414.25
	<u>380,383.25</u>
5 Bank Accounts	
LVB	5,753.10
SBI	1,852,327.95
	<u>1,858,081.05</u>



BANK RECONCILIATION STATEMENT ON 31.3.2017

Particulars	Rs.
Balance as per Pass Book	667,507.95
Add :Cheque Deposited but not Credited	
VC: Amrutanjan Health Care	360,000.00
Reimbursement - SSA RSTC	422,060.00
VC: Latent View Analytics	350,000.00
Reimbursement - SSA RSTC	46,760.00
Reimbursement - SSA RSTC	6,000.00
	<u>1,852,327.95</u>

